

The Monthly Newsletter of the 190th Air Refueling Wing

Vol. 45, No. 10 July 2003

Clergy deploy to Romania - support Iraqi Freedom

By Tech. Sgt. Greg Burnetta 190th Public Affairs

Two members of the Coyote family's Chaplains office became what is believed to be the first ever Kansas National Guard members to deploy to Romania.

Chaplain (Lt. Col.) David C. Fulton and Staff Sgt. Brian D. Spicer, chaplain's assistant, spent nearly two months in direct support of Operation Iraqi Freedom at the Mihail Kogalniceau Air Base in Constanta, Romania.

"This Romanian air base served as a direct bridge to soldiers deploying into Iraq," said Fulton.

Soldiers and equipment enroute to Iraq arrived at the base almost daily. "They flew in, spent some time there and took off for Iraq," he said.

Chaplain Fulton had sought out this assignment. "I wanted a war assignment," said Fulton.

Originally Fulton and Spicer had been asked to accompany members of the 190 Air Refueling Wing into Turkey to set up an air base there. That is the assignment they were expecting.

When the plan for Turkey failed to materialize Fulton called the National Guard Bureau daily, requesting an assignment. "I told them 'Find me something."

The National Guard Bureau is the organization that directly controls all National Guard chaplain duty assignments.

Fulton said it took about 40 days from the time he asked for a war assignment until he got it. "The hardest part was waiting," he said.

Once they received their orders for this assignment, Fulton and Spicer flew commercially from Kansas City to Chicago and from there to Bucharest, Romania.

There were 18 people with them who needed to be transported

from Bucharest to Constanta, but transportation had only been arranged for three people. Fulton and Spicer spent that night in a hotel in Bucharest and were transported to Constanta the next day.

They were billeted in a hotel in Constanta located 25 kilometers from the air base where they were to perform their mission.

They did not have their own transportation the first week they were there. Spicer spent time both lining up transportation to and from

See CLERGY - Page 5



Airbridge Chaplain Team

Two members of the 190th Chaplain's office deployed to Romania in support of Operation Iraqi Freedom. Pictured are Chaplain (Lt.Col.) Dave Fulton and Staff Sgt. Brian Spicer along with members of the Army Chaplain service

(in desert uniforms as they are set to deploy to Iraq)
Picture provided by: Chaplain (Lt. Col.) Dave Fulton

Commander's Comments - Page 2

Wing Wellness
- Page 4

Retirements & Promotions
- Pages 3, 7

By Lt. Col. Tom Pettigrew 190th Operations Support Flt.

We, as National Guard members, have always prided ourselves on being able to accomplish the mission faster and more efficiently than our Active Duty counterparts.

Our recruiting and retention numbers measure this pride. It is also measured by our ability to shine when put to the test whether in competitions against other DoD entities, inspections, or real world deployments.

The most recent demonstration of our unit's talent was when our own 190th Comm Flight won an award for the outstanding Operations Security (OPSEC) video they produced along with Tech. Sgt. Dusty Nichols of the Readiness Flight. Their entry beat out all Department of Defense multimedia nominations in the military, to include the NSA, CIA, and IRS.

I was impressed with the number of DoD personnel that approached Col. O'Toole and our 190th Comm Flight representatives at the conference seeking a copy of this video.

Why the interest in this OPSEC video? The video brings home the importance of good OPSEC. It reenacts our daily community interaction and demonstrates the ease with which we divulge sensitive information without realizing our doing so. It points out the importance of protecting our military resources—both equipment and personnel.

The message is so clear and to the point that all of the other DoD agencies want what our training video has to offer.

OPSEC is not an easy task. In order to be effective it has to be a way of life for all of us. Protecting our resources is especially difficult as a Guard unit due to our being embedded within the community.

Our unit members, families, and friends are the community. It is an unfortunate fact that our current threat is just as close to us as our community. The terrorists have infiltrated our homeland and are waiting for their next opportunistic target. They have, also, bedded down right here in the Midwest with some of them likely positioned in the Topeka community. It's a frightening thought but it needs to be taken to heart.

This is why I take the opportunity to remind each of you, again, about the importance of OPSEC.

What we do as military members is of vital national and international importance. Each of us has security clearances because we have been entrusted with the sensitive information that comes with our jobs, missions, and deployment destinations.

Yes, we are proud of what we do. But, our friends and family do not have the security clearances nor the "need to know" regarding what our mission holds for us. They are not privy to the vital information in which you



Lt. Col. Tom Pettigrew
Operations Support Flight Commander

have been entrusted. I know that they specifically are not the threat. But, the real threat is out there listening as your friends, your family, or even YOU proudly boast about our 190th taskings.

This is where the violation of homeland safety comes into play. Think about the impact it would have to experience the loss of our airbase, one of our aircraft, or any one of our unit members just because we couldn't help but boast about what we do for the guard or what our unit is doing for our country. It happened to the World Trade Center and the Pentagon and it can happen to us.

I applaud our 190th Comm Flight and the members who made this outstanding OPSEC video. It paints a clear picture of what I remind you now.

It is each of our responsibility to exercise good OPSEC procedures and clearly the most effective way to protect our forces.

Promotions, Retirements, Awards



Oath of Office

Newly pinned Colonel Mike Parsel receives the oath of office from Kansas Adjutant General Maj. General Greg Gardner. Parsel was promoted at a ceremony on June 7, 2003.

Photo by: MSgt Johnnie Johnson





Deever retires after 20 years of AGR service SMSgt Bob Deever receives a mission accomplished award from 190th Commander Col. Mike O'Toole. Deever's family and friends were present for his retirement party on June 7, 2003.

Photo by: A1C Mandy Johnson



Roit retires after 32 years military service MSgt Tom Roit shares a laugh with his wife, Elaine, during his retirement cermony June 8, 2003.

Photo by: MSgt John Zobel

Two Colonels go out together

Colonel Michael "Slap" Happe and Lieutenant Colonel James Wobker share their final flights and hose-down together. Their official goodbye took place June 8, 2003.

Photos by: MSgt Johnnie Johnson



Lightning Strike Protection



Understanding the significance of a thunderstorm and learning how to protect oneself from the damage which the accompanying thunderbolt may cause is very important.

What is lightning? How powerful is lightning? How can you protect yourself and your loved ones from a lightning strike? Lightning has always been a feared, yet awesome sight of nature. It is fun to watch the bolts strike down to the earth on the horizon. Many people go outside during storms just so they can see the lightning. This is not a good idea. Many people have been instantly electrocuted from lightning. Others have suffered blown-off knee caps, holes in their skulls and brain damage. If the lightning enters the skull the electrical current needs to leave the body. This results in an exit point somewhere on the body, usually the knee caps, feet, or hands.

To begin with know that a typical lightning strike carries an electrical charge of more than 100 million volts. The process starts when POSITIVE electrical charges on the ground are attracted to NEGATIVE charges at the base of a thun-

derstorm cloud. It is so powerful that it can split tree trunks like match sticks. Lightning starts fires and is responsible for thousands of forest fires each year. Utility companies worry about lightning strikes because these strikes can totally destroy telephone and power lines. Lightning is so powerful that it can even knock an airplane out of the sky. It is wise to fear and respect thunder and lightning. The heat from a lightning flash can evaporate water instantly and it can even melt met al. Make no mistake: this force of nature can explode trees, brick walls. and any other object. In fact you can be knocked to the ground just from the shock wave of a nearby lightning flash.

Remember, never take shelter under a tree because trees usually attract lightning. In September of 2000 four boys in Tucson, Arizona were at a park during a lightning storm. They took shelter under a tree. All four boys were caught up in the lightning that struck the tree. Two ended up in intensive care at the hospital; the other two were fine.

Until the thunderstorm ceases take shelter in a car, building, cliff, cave, or dry ditch. Lightning emits warning signs that it is coming. Warning signs such as: metal objects may start to buzz or crackle, your skin may begin to tingle, your hair may stand on end, etc. Heed these warning signs and get indoors quickly if possible. These warning signs are caused by a buildup of positive electrical

charges on the ground.

Here are a couple of guidelines to follow during thunderstorms:

- 1. Stay away from bodies of water, such as lakes and swimming pools even indoor swimming pools.
- 2. Stay clear of isolated trees, flagpoles, telephone poles, hills, and rooftops. Get out into an open field or road.
- 3. NEVER touch metal objects such as wire fences, golf clubs, aluminum baseball bats, bicycles, during a lightning storm.
- 4. If you are caught out doors during a thunderstorm, crouch down and keep your head as low as possible and only let your feet touch the ground rock forward on your toes if possible to get as much of your feet off the ground. Do not touch the ground with your hands to balance yourself.
- 5. NEVER lie down on the ground you want as much of you off the ground as possible. The electrical current from a nearby lightning strike can travel toward you along wet ground.
- 6. Even indoors you must use common sense. Always stay away from electrical appliances, metal pipes, get off the phone, stay out of the shower and bathtub and do not use any wired appliance.
- 7. If you are caught outside with a small child, hold the child on your lap up off the ground as you crouch around them.

Realize that lightning is a powerful force of nature and it demands that you develop a healthy respect and fear of it. Stay indoors during lightning storms!

Clergy Deploys to Romania - Cont.

(Continued from page 1) the base and locating an office to work out of at the base.

The chapel consisted of a small tent set up near the end of the base. It was large enough to accommodate people for services, but not large enough to have any offices co-located with it.

Spicer lined up the base command chief's office so that the chaplains could use it as a counseling room for any service members who wanted to meet with a chaplain.

There was an Army Special Forces chaplain who had been there for about two weeks prior to Fulton's and Spicer's arrival. He had a rental car.

One week after Fulton and Spicer arrived, the Army chaplain left, and Spicer was able to obtain the rental car for their use.

Chaplain Fulton also located a larger tent that was not being used. It was centrally located on the base – next to the BX and right across from the dining facility.

It was large enough to contain not only the church service worship area, but large enough to have a room in the rear section of the tent that the chaplain could use as an office.

He asked if he could use that tent as the chapel and was successful in obtaining it for that purpose. "We moved from a tent that was on the end of the line of tents to a town square, type location," he said.

A few days after this an activeduty Catholic chaplain arrived.

Fulton and Spicer assisted him in getting set up with them in the chapel tent.

Fulton counseled about three soldiers each week he was there. These were mostly U.S. Army members "on their way down range," said Spicer.

In addition to those personal one-on-one sessions, Fulton and Spicer conducted Sunday services for approximately 300 people each week and conducted Bible study

Base Chapel in its new "town square" location
One of Chaplain (Lt. Col.) Fulton's first priorities was to
relocate the chapel to a more central location. The
previous chapel was a smaller structure located at the
far end of the tent area - the new location is across from
the dining facility and next door to the Base Exchange.

Photo provided by: Chaplain (Lt. Col.) Dave Fulton

classes three evenings per week. The people attending these religious services included nine or ten American civilians who were contractors and Army and Air Force Exchange Service employees.

There were American personnel staying in three different hotels in Constanta. Fulton and Spicer held Bible study sessions in one of the hotels on Monday evenings, one in a different hotel on Tuesday evenings and one in the third hotel on Wednesday

evenings. Six to seven people attended each of the Bible study groups, said Spicer.

While Fulton and Spicer were in Romania, a Romanian military helicopter crashed, resulting in the deaths of all three crew members.

Chaplain Fulton, Spicer, and the Catholic chaplain initiated collection from United States service members that resulted in enough money to support each of the

three killed crew members families for one month.

According to Romanian custom, a memorial service was held for the Romanian crew members 40 days after they were killed. Fulton met the crew members' families and one of the wives told him that the passage of 40 days since the accident didn't make coping with her loss any easier.

Fulton and Spicer participated in a humanitarian project that consisted of collecting food and clothing, placing it into boxes, and giving the items to a main distribution center that gave

it to the needy. "The whole country is poor," said Fulton.

Fulton said the best thing about this deployment for him was being able to participate in a real world military action.

Spicer said Romanian people told him that they have been waiting since the end of World War II for the Americans to arrive.

"The Romanian people were genuinely accommodating to us." said Fulton.

Portrait of an Airman

STAFF SERGEANT TONY SNYDER



Organization: 127th Weather Flight

Job title: Weather Specialist

Civilian Job: Weather Station Manager for the Kansas City International Airport.

Main Responsibilities: Provide weather information to Army and Air Force customers in the local area.

Education: Bachelor in Theology from Georgetown University in Washington, DC.

Military Experience: Served four years active duty Air Force and joined the 190th ARW in 1994.

Goals and Ambitions: Achieve a leadership position in the Weather Flight and become the best forecaster that I can be.

Hobbies and Activities: Spending time with my son and surfing the web.

Most Memorable 190th moment: Annual Training in 2000 when I went to Venice, Italy and did a lot of site seeing around the city.

Coyote Comments

What are your plans for the 4th of July?



Senior Airman Ryan Sipes Services Flight

"I plan to have a party at the lake with family and friends."



Airman 1st Class Patricia Bulman Medical Squadron

"Going to Kansas City to spend time with friends and watch the fireworks display."



Staff Sgt. Shawn Garnuette Communications Flight

"Have a BBQ and take time to reflect on having freedom."



Tech Sgt. Sitthisak Phromphuwal Avionics

"Take the kids to the lake and go to Kansas City to watch the fireworks also."

Promotions

A₁C

Jerry S. Holloman, SFS James R. Mayfield, Maint. Jeremy G. Connolly, SFS Nathaniel L. Berroth, Student Flt

SrA



Joshua D. Holloman, SFS
Michael D. Kolich, AMS
Charles C. Anderson, Weather Flt

SSgt



Mark C. Gruenewald, 117th Francis W. Heiman, SFS Joshua S. Parsons, AMS Margaret C. Gregory, LRS Vincent Finney, LRS

TSqt



Karl A. Herken, CF William A. Wulfkuhle, Maint. George F. Stewart, AMS

Lt Col



Brian E. Becker, 117th Janet S. Hanson, Medical Gp

JOB OF THE

3MOM ONTWES APPRENTICE

MANDATORY:
General Score - 30
PULHES X
333333 H
Ability to speak clearly and
distinctly
No conviction by Court Martial,
never convicted and sentenced to
confinement by a civilian court.

TECH SCHOOL: Lackland AFB

TX - 6 weeks, 1 Day

Family Readiness Activities

On July 20, the Kansas National Guard Family Programs will host a free day at Gage Park for all Armed Forces members. The first 1000 people to show up with a military ID will have free access for their families to the Zoo, pool, and train. The day starts at 8:00 a.m. and ends at 4:00 p.m.

Aug 2 at 2 p.m. Family Readiness will implement "Operation KUDOS" (Kids Understanding Deployment Operations). This is a day when all children of 190th members are invited to come and "out process" through a mock deployment line. This activity is recommended for children four years old and up.

Contact Tonya at Family Readiness (785-861-4940) to register for these events.

Logistics Group Top Performers



The Logistics Group is proud to announce our third quarter Top Performers - those who excel well above the minimum CDC score of 65% and the individual who scored the highest CDC score for the quarter.

3rd Quarter 2003 Top Performers: Staff Sgt. Jerrid Clark

CDC 2A675 - Score: 92%

Staff Sgt. Lonyse Lewis

CDC 3A051 - Score: 91%

Staff Sgt. Robert Morse

CDC 2Ax7X - Score 90%

Kansas State Tuition Assistance applications for Fall Semester are now available in the Retention Office. The form must be filled out, signed by your commander, and returned to the Retention Office for final approval. Upon approval by the Retention Office, you must take the application to your school's enrollment office. You will not be required to pay up front for tuition if this form is filled out and approved properly. If you have any questions, contact MSgt. Jean Hager at (785) 861-4712. *Remember to visit the Retention Office on your enlistment anniversary for review of your Student Loan Repayment Program Status.

Coyote Cafe Menu Saturday July 12

Main Line

Baked Pork Chops with cream of mushroom soup White Rice Spinach Green Beans Cornbread Salad / Potato Bar Mississippi Mud Brownies Puppy Chow Banana Cream Pie Rice Crispy Bars

Short Order Line

Taco Bar Spanish Rice

Sunday July 13

Main Line

Baked Ham
Mashed Potatoes
Carrots
Broccoli and Cauliflower
Salad / Potato Bar
Mississippi Mud Brownies
Puppy Chow
Banana Cream Pie
Rice Crispy Bars

Short Order Line

Hamburgers Corn dogs French fries Onion Rings

Hotel for July
Holidome

Chapel Hours

Protestant: 0800 - 0830 Latter Day Saints: 1100-1130 Catholic: 1345 - 1415

The Chaplain's Office is located on the 3rd floor of Hangar 662.



Coyote Log Staff

190th Public Affairs/Coyote Log
Forbes Field (ANG)
5920 SE Coyote Drive
Topeka, KS 66619-5370
christopher.hill@kstope.ang.af.mil
POC: Lt. Chris Hill
(785)861-4198 or (785)861-4791
www.kansascoyotes.com

The *Coyote Log*, published monthly, is a US Air Force funded newspaper for members of the U.S. Military Services.

Contents of the *Coyote Log* are not necessarily the official view of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Air Force.

The editorial content is edited, prepared and provided by the 190th ARW Public Affairs Office.

The Monthly Newsletter of the 190th Air Refueling Wing

Vol. 45, No. 10 July 2003

THE COYOTE LOG
190TH ARW
PUBLIC AFFAIRS
FORBES FIELD (ANG)
5920 SE COYOTE DRIVE
TOPEKA, KS 66619-5370
OFFICIAL BUSINESS

Learn more about us at www.kansascoyotes.com



To The Coyote Family of

FIRST-CLASS MAIL US POSTAGE PAID PERMIT NO. 982 Topeka, KS